

Worship is a term that has lots of association with it. The most common one is that of Sunday morning, where we sing the songs right before the message; We often limit worship to Sundays. Or it is listening to KLOVE while driving to the grocery store or in the house while we clean. Yet, we know worship is more than this.

Everyone on the face of the earth worships. Worship is a response to who or what we find most worthy of our time, money, or allegiance. Two examples of worship stand out here. The first is sports. We know of the die-hard fans who are consumed by all things about their team. They may rearrange meetings to catch every game. When they go to the game, they yell and clap. They lift their voice and sing the fight song. They declare their allegiance by wearing the team's colors. Does any of this sound like how we are commanded to worship God? I am not saying abandon your sports team or not watch them anymore; I'm talking about a priority issue and heart posture. Are you moved in the same way by Jesus?

It is not just sports fans who worship. The other classic example is the other purpose these arenas and stadiums are used for, concerts. Recently bands and singers kept breaking each other's records about the number of concert tickets sold and merchandise purchased. I have watched videos of these men and women, boys and girls,

breaking down and crying the moment their singer comes onto stage. They sing every song of the 3-hour set and dress up in special clothing in adoration of them. They spend lots of money just to attend and make the trek from hours away. Again, I'm not saying don't be a fan of that singer, but where is your heart posture? Are you moved in the same way by God)

A helpful definition of worship comes from Louie Giglio:

Worship is
our response,
both personal and corporate
to God
for who He is!
And what He has done!
expressed in and by the things we say
And the way we live.

There is a lot to unpack in that definition, and you can spend time with it. Let me highlight two things. The first is that worship is a response. It requires action. This action can be singing. It can be dancing or making a painting. It can be meditating on the truth of what God has revealed in his



Word. It can be standing in awe of the sunset or bowing down before the Lord. There are many ways to engage in worship. However, you cannot watch others worship. You must engage and respond to yourself.

The other thing to note is that worship isn't a Sunday morning thing or when we flip on the radio. It is expressed in how we live and what we say. It is loving God with our heart, mind, and strength and loving our neighbor as ourselves (See Mark 12:30-31), or Colossians 3:17 says,

"And whatever you do, in word or deed,
do everything in the name
of the Lord Jesus,
giving thanks to God the Father
through Him."

This means whether you are eating a meal (See 1 Corinthians 10:31) or washing dishes, you can do it in worship to God. It doesn't matter if you are sitting in a Bible Study on Tuesday or in a staff meeting on Wednesday, God is near to be worshiped. He is honored when you respond by living your life in all parts to him.

The question isn't, do you worship? The question today and every day is, who or what do you worship?

Psalm 95:6

"Come, let us bow down in worship, let us kneel before the Lord our Maker."



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