



LIFE NEWS

THANKSGIVING CHALLENGE

BY GORDON LANPHER
CHILDREN'S PASTOR

Thanksgiving Challenge:

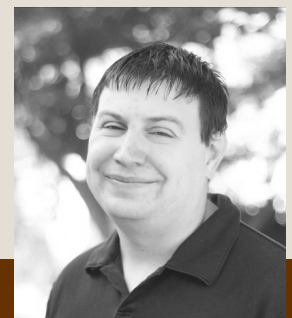
It is not uncommon for 30-day gratitude challenges to be given for November (you might already be doing one). However, if you are like me, it is hard to think of different things each day. Personally, my default after what Jesus did for my family and me is to be thankful for coffee.

Below is a list of 30 ideas to help you. You can take time to do this yourself, with your spouse, or with your children. Take a few minutes and thank God for how the item/person has affected you. Thanksgiving is time to refocus on giving God thanks for things he has done for us and to have it become a lifestyle thing, not just a once-a-year thing. It is the perfect way to prepare for Advent and the Christmas season.

I am thankful to God for:

- Nov 1:** a favorite childhood memory
- Nov 2:** a teacher who impacted you
- Nov 3:** something your parents did for you
- Nov 4:** a favorite food/beverage
- Nov 5:** something about your home
- Nov 6:** Jesus dying on the cross
- Nov 7:** the ability to breathe
- Nov 8:** naps
- Nov 9:** the first friend that comes to your mind (even if it is not your bestie)
- Nov 10:** something sky-related (stars, moon, sunsets... etc.)
- Nov 11:** a favorite vacation you had
- Nov 12:** any one of your senses
- Nov 13:** how God has met one of your basic needs (food, shelter, water, etc.)

- Nov 14:** Scripture given to you by God
- Nov 15:** the best book you read (Besides the Bible, of course)
- Nov 16:** a time when you learned from your mistakes
- Nov 17:** the changing of seasons
- Nov 18:** a child you interact with
- Nov 19:** something within your eyesight
- Nov 20:** a unique gift God has given you
- Nov 21:** adoption into God's family
- Nov 22:** a modern convenience (hot water, electricity, Wi-Fi, etc.)
- Nov 23:** a time when you experienced forgiveness
- Nov 24:** an animal from God's creation (wild or domestic both count)
- Nov 25:** sleep and rest
- Nov 26:** a favorite family tradition
- Nov 27:** your favorite gift given to you by a family member or friend
- Nov 28:** Jesus coming into the world
- Nov 29:** your favorite song(s)
- Nov 30:** a project you were able to finish



*Gordon Lanpher
Children's Pastor*

