

Message Notes

God Takes Care of Those He Loves: Lessons from Manna

(Exodus 16)

I. The backstory: What was manna?

Manna was the _____
God provided for His people in the desert.

II. Why we need to remember manna: Exodus 16.31-35

A. It is a _____ to
_____ of how God has been _____.

B. It is a _____ to _____
of how God will be _____.
Lamentations 3.23

III. What we need to remember about manna:

A. Have the _____
about God's care for you. *Exodus 16.1-3, 13-15*

1. Grumbling and complaining make you _____ what
God _____ for you.

2. Grumbling and complaining make you _____ what
God _____ for you.

Personal reflections:

- What things have you grumbled or complained about in the last month?
- What has God been doing for you in the last month?

B. Trust God to supply _____ when
_____. *Exodus 16.15 – 20*

1. Be _____ with what God gives.
Hebrews 13.5

2. Don't be _____ with what God
gives you. *1 Timothy 6.9-10*

Personal reflections:

- In what areas do you need to be more satisfied with what God has given you?
- How can you share more of the time, talents or treasures that God has given you?

C. _____ in God's care for yourself.
Exodus 16.4, 21, Numbers 11.8

1. _____ when God gives you the
opportunity.

2. _____ for the _____.
Proverbs 20.4, 1 Corinthians 3.6-7, Psalm 127.1

Personal reflections:

- In what ways do you need to change your attitude towards your everyday work?
- In what areas have you relied on your own efforts rather than trusting God for results?

D. Take time for _____ and _____
Exodus 16.22-30

1. Seek the _____, not the _____

2. Give God your _____

Personal reflections:

- How can you make your time of worship more meaningful?